

# Winter Menu

## Week 1 and 2

| <b>Week 1</b><br>Wc 5 <sup>th</sup> ,19 <sup>th</sup> Nov<br>3 <sup>rd</sup> , 17 <sup>th</sup> Dec | <b>Main course</b>  | <b>Pudding</b>   |
|---|---|--|
| Meat Free Monday  | Pasta with our great tomato sauce and cheese (v) Gluten free available  | Fresh fruit, organic yoghurt or sponge of the day            |
| Traditional Tuesday   | Jacket Potato with chilli (m), Baked Beans (v), or just with cheese(v)  | Fresh fruit, organic yoghurt or fruit jelly                  |
| Family Themed Wednesday   | Roast chicken or cauliflower cheese (v) with organic seasonal vegetables, Yorkshire pudding, roast potatoes and gravy | Fresh fruit, organic yoghurt or fruity flapjack              |
| Continental Thursday  | Pepperoni pizza or Margherita pizza(v)  | Fresh fruit, organic yoghurt or crispy chocolate cereal bite |
| Thank Crunchy it's Friday   | Catch of the day fish fingers or vegetable fingers (v) peas and hand cut chips – all made on site                     | Fresh fruit, organic yoghurt or ice-cream                    |
| <b>Week 2</b><br>Wc 12 <sup>th</sup> ,26 <sup>th</sup> Nov<br>10 <sup>th</sup> Dec                  |   |  |
| Meat Free Monday  | Pasta with our great tomato sauce and cheese (v) Gluten free pasta available  | Fresh fruit, organic yoghurt or sponge of the day            |
| Traditional Tuesday   | Sausages, wedges and baked beans, Vegetarian sausages (v)   | Fresh fruit, organic yoghurt or fruit jelly                  |
| Family Themed Wednesday   | Homemade Meat lasagne or Vegetarian lasagne (v) with garlic bread   | Fresh fruit, organic yoghurt or fruity shortbread            |
| Continental Thursday  | Meat feast pizza or Margherita pizza(v)   | Fresh fruit, organic yoghurt or crispy chocolate cereal bite |
| Thank Crunchy it's Friday   | Crunchy chicken goujons or vegetable fingers (v) sweetcorn and hand cut chips – all made on site                      | Fresh fruit, organic yoghurt or ice-cream                    |

### Notes:

All our food is prepared on site daily with locally sourced ingredients from local suppliers.  
 We will work to design a menu to suit your child's needs.  
 Salads are available every day from the salad bar.  
 Our meat is free range and from the surrounding areas. Some of our vegetables are organic.  
 Occasionally the organic yoghurts aren't available so supplier substitutes are used instead.  
 We also have our own packed lunch menu with a different daily sandwich and sides available every day.