



Better never stops...

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Monday 16th April 2018

Dear Parent,

Year 5H PE at Energi Trampoline Park

I am delighted to be able to inform you that Year 5 pupils have the opportunity to take part in PE sessions at Energi Trampoline Park during this Autumn Term. Every child will have the opportunity to attend 5 sessions, with **The first session starting on Tuesday 11th September**. Please can we remind all children they must have PE kit in school at all times.

This is a fantastic addition to the growing PE curriculum and will offer each child something different, whilst still focusing on the core developmental pathway. Trampoline sessions are not only a lot of fun but they offer a full body workout. Children will experience a low-impact cardiovascular workout whilst developing their balance and co-ordination.

Your child must have full PE kit to take part. If you have Energi socks this would also help, however the school do have some the children can borrow. Long hair must be tied back and earrings must be removed. Children must also bring a water bottle with them on the day.

If you do not wish for your child to take part or if you have any further questions, please see either myself or the school office.

There is no cost involved because the children will travel on the school bus.

Yours sincerely

Daniel Palmer
Head of Sport