

Autumn Menu

Week 1 and 2

Week 1 Wc 3 rd , 17 th September 1 st , 15 th October	Main course	Pudding
Meat Free Monday	Pasta with our great tomato sauce and cheese (v) Gluten free available	Fresh fruit, organic yoghurt or sponge of the day
Traditional Tuesday	Jacket Potato with chilli (m), Baked Beans (v), or just with cheese(v)	Fresh fruit, organic yoghurt or fruit jelly
Family Themed Wednesday	Roast chicken or cauliflower cheese (v) with organic seasonal vegetables, Yorkshire pudding, roast potatoes and gravy	Fresh fruit, organic yoghurt or fruity shortbread
Continental Thursday	Chicken and cheese enchiladas Vegetable and cheese enchiladas (v) served with rice	Fresh fruit, organic yoghurt or crispy chocolate cereal bite
Thank Crunchy it's Friday	Catch of the day fish fingers or vegetable fingers (v) peas and hand cut chips – all made on site	Fresh fruit, organic yoghurt or ice-cream
Week 2 Wc 10 th , 24 th September 8 th , 22 nd October		
Meat Free Monday	Pasta with our great tomato sauce and cheese (v) Gluten free pasta available	Fresh fruit, organic yoghurt or sponge of the day
Traditional Tuesday	Sausages, wedges and baked beans, Vegetarian sausages (v)	Fresh fruit, organic yoghurt or fruit jelly
Family Themed Wednesday	Cottage pie served with fresh vegetables, vegetarian Pie (v)	Fresh fruit, organic yoghurt or fruity flapjack
Continental Thursday	Meat feast pizza or Margherita pizza(v)	Fresh fruit, organic yoghurt or crispy chocolate cereal bite
Thank Crunchy it's Friday	Crunchy chicken goujons or vegetable fingers (v) sweetcorn and hand cut chips – all made on site	Fresh fruit, organic yoghurt or ice-cream

Notes:

All our food is prepared on site daily with locally sourced ingredients from local suppliers.

We will work to design a menu to suit your child's needs.

Salads are available every day from the salad bar.

Our meat is free range and from the surrounding areas. Some of our vegetables are organic.

Occasionally the organic yoghurts aren't available so supplier substitutes are used instead.

We also have our own packed lunch menu with a different daily sandwich and sides available every day.